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The money we give improves lives for  
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*Cripplegate Foundation Helping since 1500*

## **A GUIDE TO SERVICES IN THE ESSEX ROAD AREA**



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# FOREWORD

I welcome this Community Information Guide, and hope that it will enable more people who live in Canonbury and other communities around Essex Road to access the services available to them.

The idea for the guide came out of the discussions of the Canonbury Community Development Group. This is an initiative of Cripplegate Foundation. The Group brings together local agencies, community organisations and residents to work together with the aim of improving the quality of life in Canonbury for everyone who lives and works in the area.

In our discussions we realised that many residents and even paid workers do not know about all of the different services, groups and organisations that exist in this area. This guide was first published in 2007 to help local people to find the services they need, and to enable local groups to work more closely together. The guide and its online version, available on the Cripplegate Foundation website, were updated in June 2009.

I would like to thank Cripplegate Foundation and Southern Housing Foundation for their generous contribution of time and money that resulted in the production of this guide.

**Cllr. Lucy Watt**

*Deputy Leader of Islington Council, Ward Councillor for Canonbury and Chair of the Canonbury Community Development Group.*

# INTRODUCTION

This booklet is a guide to the main public services and community organisations available to residents of the Essex Road area of Islington (Canonbury, St. Mary's and St. Peter's Wards). In addition, it is also available online on Cripplegate Foundation's website [www.cripplegate.org](http://www.cripplegate.org).

All the services are free of charge unless otherwise stated.

We include services that are located outside the Essex Road area but are nevertheless likely to be important to its residents. We do not usually give opening times because this information quickly gets out of date. The exceptions are where we know that opening times are likely to remain the same for a reasonable period.

We have done our best to make sure that the information is accurate, but cannot guarantee this.

The information is up to date to the best of our knowledge at June 2009. We will update the online version regularly on [www.cripplegate.org](http://www.cripplegate.org).

We would like to thank all the individuals and organisations who have helped with the booklet. We want to acknowledge particularly the contributions of Vanessa Mackay, Extended Schools Co-ordinator at New North Community School, Nuray Cakmak, Outreach Development Co-ordinator at Minik Kardes Nursery and Christopher Donovan, Public Participation Officer at Upper Street Area Housing Office.

It is very important to us to know what you think about this guide in order to make improvements for the future and to plan other similar projects. Please do contact us with your feedback and suggestions.

**Geraldine Rees**

*Senior Grants Officer, Cripplegate Foundation*

**Casey Lord**

*Grants Administrator, Cripplegate Foundation*

# ADULT EDUCATION

## **City and Islington College Centre for Lifelong Learning**

28-42 Blackstock Road  
N4 2DG  
Telephone: 7700 9333 (main switchboard)  
Website: [www.candi.ac.uk](http://www.candi.ac.uk)

For a free prospectus:  
Telephone 7700 9352 (16-18 year olds)  
7700 9351 (people over 18)

Offers a range of courses, including English as a second language (ESOL) at a number of locations in Islington.

## **The Claremont Day Centre**

24-27 White Lion Street  
N1 9PD  
Telephone: 7837 3402  
Email: [info@claremont-project.org](mailto:info@claremont-project.org)  
Website: [www.claremont-project.org](http://www.claremont-project.org)

Runs a wide range of classes for people aged 55 or over. A small charge is made for some classes.

## **Elfrida Society Islington**

The Tom Blyth Centre  
34 Islington Park Street  
N1 1PX  
Telephone: 7359 7443  
Email: [elfrida@elfrida.com](mailto:elfrida@elfrida.com)  
Website: [www.elfrida.com](http://www.elfrida.com)

Runs classes for adults with moderate learning difficulties.

## **New North Community School**

Popham Road  
N1 8SJ  
Telephone: 7704 3900  
Email:  
[admin@newnorthcommunity.islington.sch.uk](mailto:admin@newnorthcommunity.islington.sch.uk)

Runs an ESOL class. No crèche.

## **New River Green Children's Centre**

23 Ramsay Walk  
N1 2SX  
Telephone: 7226 7725  
Email: [newrivergreen.eyc@islington.gov.uk](mailto:newrivergreen.eyc@islington.gov.uk)

Runs an ESOL class. Crèche provided.

## **St. Paul's Steiner Project**

1 St. Paul's Road  
N1 2QH  
Telephone: 7359 3322  
Email: [office@stpaulssteinerschool.org](mailto:office@stpaulssteinerschool.org)  
[Jane.gerhard@btinternet.com](mailto:Jane.gerhard@btinternet.com)  
Websites: [www.stPaulssteiner.org](http://www.stPaulssteiner.org)  
[www.stPaulssteinerschool.org](http://www.stPaulssteinerschool.org)

Offers a range of classes, including life drawing, ballet and counselling.

*Also see the sections on 'Training and Help to Find Employment' and 'Organisations for Turkish Speakers'.*

# ADVICE SERVICES

These services are provided by independent agencies (i.e. agencies who are not part of central or local government).

## Within the Essex Road area

### Essex Road Advice Project

(service provided by Mary Ward Legal Centre and Islington Law Centre)

Provides legal advice on welfare rights, debt, housing, employment and immigration at the following places in the Essex Road area:

#### New North Childrens Centre

Popham Road  
N1 8SJ  
Telephone: 7704 3903

#### Rotherfield Primary School

Rotherfield Street  
N1 3EE  
Telephone: 7226 6620

#### New River Green Childrens Centre

23 Ramsay Walk  
N1 2SX  
Telephone: 7527 4813 or 7527 4817

*Provides legal advice on housing, employment and immigration only at:*

#### The Canonbury Project

Unit 3  
St. Pauls Road  
N1 2PY  
Telephone: 7354 9821

**Users are asked to book at the above places. Interpreters are available (please**

**request when booking) and a home visiting service for the housebound.**

For more information contact:

**Mary Ward Legal Centre**  
26-27 Boswell Street  
WC1N 3JZ  
Telephone: 7831 7079

or

#### Islington Law Centre

161 Hornsey Road  
N7 6DU  
Telephone: 7607 2361

#### Islington Legal Advice

St. Mary's Neighbourhood Centre  
Upper Street  
N1 2TX  
*(next to St. Mary's Church)*  
Telephone: 7704 1895

Offers free legal advice from local lawyers.

Areas covered are personal injury, landlord and tenant issues, consumer problems, parking and congestion charging, council tax, mortgages and hire purchase problems.

From 7pm to 8pm on Thursdays. Users are asked to call in (appointments not made). People who arrive after 8pm cannot be seen.

#### Islington People's Rights

6-9 Manor Gardens  
N7 6LA  
*This is a mailing address only: users cannot be seen here.*  
Telephone: 7561 3685  
*Users are asked to call Mondays, Tuesdays and Fridays 2pm to 4pm*  
Email: [info@ipradvice.org.uk](mailto:info@ipradvice.org.uk)

Provides money advice and advice on problems with welfare benefits (e.g. housing benefit, council tax benefit, income support, disability living allowance).

**The service is offered at the following places in the Essex Road area.**

*Interpreters are available. Users are asked to request this service at the centres where the advice service is provided.*

#### **GPs' surgeries and Health Centres**

- Elizabeth Avenue
- St. Peter's Street
- River Place

(see the section on 'Health' for details)

People need to be registered with the above practices in order to use the service.

#### **Upper Street Area Housing Office**

Northway House  
257 Upper Street  
N1 1RV  
Telephone: 7527 5379

People need to be a tenant or leaseholder of Homes for Islington in order to use the service.

#### **Canonbury Community Mental Health Team**

68 Halliford Street  
N1 3RH  
Telephone: 7527 8200

People need to be registered with the team in order to use the service.

## **Outside the Essex Road area**

### **Islington Citizens' Advice Bureau**

Telephone: 0844 856 3537

Advice is available by telephone or appointment only, Monday to Friday 10am to 5pm.

The bureau offers advice on a wide range of subjects including debt and money issues, mortgage and rent problems, tax, legal issues, consumer problems, employment, housing, landlord and tenant issues and welfare benefits.

### **Islington Law Centre**

161 Hornsey Road  
N7 6DU  
Telephone: 7607 2461  
Fax: 7700 0072  
Email: [info@islingtonlaw.org.uk](mailto:info@islingtonlaw.org.uk)  
Website: [islingtonlaw.org.uk](http://islingtonlaw.org.uk)

#### **Users are asked not to drop in.**

Appointments are made if needed. A telephone reception service is offered to make appointments or to refer to another agency if appropriate. The telephone service is available Mondays to Fridays 9.30am to 5pm (closed 1pm to 2pm for lunch).

The Law Centre 'provides free legal advice, casework and representation for people who live/work/study in Islington. Areas of law include consumer debt, education, employment, housing and immigration/asylum. Telephone advice and outreach services offered. We are sometimes able to arrange for an interpreter. The offices are accessible to people with mobility difficulties – we are happy to discuss other access needs'.

# CHILDREN AND YOUNG PEOPLE

This section lists the local clubs, youth work provision and advice and counselling services available to children and young people (also see the section on 'Schools').

## **Camden, City and Islington District**

### **Scout Association**

#### **Scout Centre**

319-321 Holloway Road  
N7 9SU  
Telephone: 0845 643 0621  
Website: [www.londonscouts.org.uk](http://www.londonscouts.org.uk)

#### **Scout Information Centre**

Gilwell Park  
Bury Road  
Chingford  
E4 7QW  
Telephone: 0845 300 1818

#### **The Scouts state its purpose as:**

'To help young people achieve their full physical, intellectual, social and spiritual potential as individuals, as responsible citizens and as members of their local and international communities.'

It offers activities for boys, girls, young men and young women from the ages of 6 to 25.

#### **Local Scout Groups**

The 26<sup>th</sup> Islington Scout Group  
Union Chapel  
Compton Avenue  
N1 2XD

The 31<sup>st</sup> Islington Scout Group  
Hanover Primary School  
Noel Road  
N1 8BD

Both groups meet on Monday evenings.

Contact: Russ Dyble  
Telephone: 0845 643 0621  
Email: [jointheadventure@gln-scouts.org.uk](mailto:jointheadventure@gln-scouts.org.uk)

## **The Canonbury Project**

Unit 3  
St. Paul's Road  
N1 2ZP  
Telephone: 7354 9821  
Email: [canonburyproject@hotmail.com](mailto:canonburyproject@hotmail.com)

This is a detached youth work project for young people aged from 10 to 21. (Detached projects work with young people who do not wish to go to a youth club or centre.) The project workers go out to meet young people wherever they are in the Canonbury area. Activities include a fatherhood project, a project for recycling pedal cycles, and employment and housing advice.

### **Connexions**

Provides careers and employment advice for young people aged between 13 and 19, at the following places in the Essex Road Area.

#### **Connexions: Islington Centre**

White Lion Centre  
43-45 White Lion Street  
N1 9PW  
Telephone: 7527 7030  
Email: [maxwell.addo@islington.gov.uk](mailto:maxwell.addo@islington.gov.uk)  
Website: [www.connexions.co.uk](http://www.connexions.co.uk)

Provides careers and employment advice for young people aged between 13 and 19 and also up to 25 for people with disabilities and people with learning difficulties.

The project workers go out to meet young people wherever they are in Canonbury, St. Marys and St. Peters wards.

## **Crown and Manor Boys' Club**

1 Wiltshire Row  
N1 5DH  
Telephone: 7739 5906

Open to boys and young men aged 10 to 25. Has a purpose-built club house and a floodlit football pitch. Provides a wide range of sporting and leisure activities and a homework club. The main activities are boxing, table tennis, pool, snooker, football and karate.

## **Islington Boat Club**

16-34 Graham Street  
N1 8JX  
Telephone: 7253 0778  
Website: [www.islingtonboatclub.org.uk](http://www.islingtonboatclub.org.uk)

For ages 9 to 18. Provides canoeing, sailing, table tennis, pool, board games, TV and video. Also organises residentials and day excursions for club members.

Also offers activities to other youth and community groups and to schools.

## **King Henry's Walk Adventure Playground**

11 King Henry's Walk  
N1 4NX  
Telephone: 7254 4783  
Email: [kinghenry.apg@btconnect.com](mailto:kinghenry.apg@btconnect.com)

Adventure playground with indoor and outdoor activities for any child aged between 5 and 15.

## **Listen Up**

White Lion Centre  
43-45 White Lion Street  
N1 9PW  
*(This is a mailing address only. The activities do not take place here.)*  
Telephone: 7527 4511  
Email: [dan.first@islington.gov.uk](mailto:dan.first@islington.gov.uk)  
[anna.spivack@islington.gov.uk](mailto:anna.spivack@islington.gov.uk)

For ages 5 to 21. Listen Up is a project that works with young people in Islington to find out what they think about the borough. Young people tell decision-makers what they like and what they want to change.

Listen Up also manages the Youth Opportunities Fund. Young People can apply to the Fund to start their own project or activity.

## **The Rosebowl Youth Club**

St. Paul's Open Space  
Ramsay Walk  
N1 2PY  
Telephone: 7354 3524  
Email: [canonburyproject@hotmail.com](mailto:canonburyproject@hotmail.com)

For ages 5 to 17. Open six days a week during term time. Runs an after school club, homework club, Saturday club and a girls' and young women's night. Activities include arts and crafts, gardening, internet access, sports, pool, table tennis, playstation, DJ skills, trips and residentials. Also offers chill-out space, advice and guidance, discussions, drug and alcohol awareness and healthy eating.

Runs holiday playschemes for 5-11s and holiday programmes for 10-17s.

## **St. John's Youth Club**

39 Duncan Terrace  
N1 8AL  
Telephone: 7359 6454

For ages 11 to 14. Promotes social inclusion, citizenship and future prospects for young people whatever their background. Activities include football, table tennis, pool, arts and crafts, cooking and healthy living, dance, steel band, computer sessions, trips.

## **St. Mary's Youth Club**

St. Mary's Neighbourhood Centre

St. Mary's Church  
Upper Street  
N1 2TX  
Telephone: 07931 149976  
Email: youth@stmarysislington.org  
Website: www.stmarysislington.org

Open youth club for ages 8-21. Monday – Thursday evenings. Activities include: football, basketball, weight training, dance, music and use of computers. Holiday playschemes, residential and events.

### **Urban Hope**

St. Stephen Youth Work Project  
8 River Place  
N1 1DE  
Telephone: 7354 9616  
Email: office@uhope.co.uk

Seeks to promote the social, emotional and spiritual development of young people aged 11 to 20. Offers a wide range of activities through sessions led by the young people themselves. Also offers advocacy, listening, personal support services and 'mentoring' (offering a young person a one-to-one adviser).

Activities are based at Urban Hope and Almorah Road Community Centre.

### **Triple M**

*Based at:*

Bentham Court Community Centre  
133 Bentham Court  
Ecclesbourne Road  
N1 3DE

(The community centre is the red-brick building in the middle of the estate).

Provides a youth club for 10-15 year olds on Monday Tuesday and Wednesday nights. Activities include street dancing, DJing, football, table tennis and other games, drama and art, music, trips and holiday playschemes.

**Contact** : Jenny Guyah  
Telephone: 8808 7041  
or write c/o the Community Centre (see above)

### **White Lion Youth Project**

43-45 White Lion Street  
N1 9PW  
(*The building is at the Penton Street end of White Lion Street*)  
Telephone: 7278 3612

For ages 11-21. Open three evenings a week and one evening for young women only. Activities include DJing, photography, IT and computers, street dance, use of gym and circuit training. Also runs trips and residential

# COMMUNITY ORGANISATIONS FOR BENGALI SPEAKERS

## **Bangla Education and Cultural Centre**

38 Umfreville Road  
N4 1SB  
Telephone: 8348 7116

Runs a supplementary school and mother  
tongue class at Ambler Primary School,  
Blackstock Road, N4.

Open: 9.30am to 1.30pm on Saturdays.

## **Islington Bangladesh Association**

71 Caledonian Road  
N1 9BT  
Telephone: 7833 2608  
Email: ahciba@aol.com

Open to all Bengali speakers. Also offers  
Urdu and Hindi.

Provides help and advice on:

- Welfare rights and benefits
- Housing
- Employment and training
- Health awareness

Also runs an older people's project, which  
offers:

- A luncheon club
- Health advice sessions
- Outreach support (i.e. visits to older  
people's homes)

# COMMUNITY ORGANISATIONS FOR SOMALI SPEAKERS

## Back to Basics: Training Somali Refugees

21 Old Ford Road  
E1 9LP  
Telephone: 8981 6312  
Email [rakhia@hotmail.com](mailto:rakhia@hotmail.com)

Provides classes in arts, maths and family learning for both young people and parents. The classes take place in Islington schools. Please contact the group for up-to-date details.

## Islington Somali Community

225-229 Seven Sisters Road  
N4 2DA  
Telephone: 7272 0550  
Email: [isc26@btconnect.com](mailto:isc26@btconnect.com)

Opening hours: 9.30am to 5.30pm Monday to Friday.

Offers services to all members of the Somali community. These include:

- Mother tongue and supplementary classes
- Support to young people and their parents
- Emotional and practical support to women experiencing domestic violence
- Work with older people, including a lunch club, health and social activities
- Befriending, advice and support to newly arrived refugees
- Workshops on women's health; healthy eating; stopping smoking

## Somali Speakers' Association

12 Barnsbury Road  
N1 0HB  
Telephone: 7833 9893

Email: [somali.speakers@ukonline.co.uk](mailto:somali.speakers@ukonline.co.uk)

Opening hours: 9.30am to 5pm Monday to Friday

Offers the following services to Somali speakers:

- Information and advice on welfare benefits, housing, family and children's matters
- Business advice
- Vocational training in sewing and dressmaking
- Mother tongue and supplementary schools (held at Newington Green Primary School and Islington Arts and Media School – see 'Schools' section)
- Black and Minority Ethnic Identity and Citizenship Project (held at the Peel Centre, Percy Circus WC1 and at Islington Arts and Media School – see 'Schools' section)

## Somali Women and Children's Action Group

c/o PALACE for all  
Scholefield Road  
N19 3ES  
Telephone: 7281 0575  
Email: [hirsih@hotmail.com](mailto:hirsih@hotmail.com)

The group offers a service to all members of the Somali Community, but its main focus is women and children.

Supplementary school classes are held at:

## Rotherfield Primary School

Rotherfield Street  
N1 3EE

Other services offered include:

- Mother tongue classes for children and adults
- Family learning for parents and children
- Advice on housing and welfare benefits

- Support to families
- Confidential advice and support to women about domestic violence
- Leisure activities

# COMMUNITY ORGANISATIONS FOR TURKISH SPEAKERS

## IMECE

### Turkish Speaking Women's Group

2 Newington Green Road  
N1 4RX

Telephone: 7354 1359

Email: [info@imece.org.uk](mailto:info@imece.org.uk)

Website: [www.imece.org.uk](http://www.imece.org.uk)

Provides effective, sensitive, confidential advice and representation to Turkish, Kurdish and Turkish-Cypriot women. Aims to empower women to live independent lives.

Current services include:

- Advice and information on domestic violence, welfare benefits, housing, immigration, education, mental health and SureStart services (for children aged under 5)
- Health promotion
- Advice work and outreach work to older people (ie visits to older people's homes)

Open Monday to Friday 9.30am-5pm  
(closed Wednesday morning and 1pm-2pm).

## Minik Kardes Day Nursery

53-55 Balls Pond Road  
N1 4BW

Telephone: 7923 7226

Email: [minikkardes@tiscali.co.uk](mailto:minikkardes@tiscali.co.uk)

A registered charity, established in 1995. Serves the Turkish, Turkish-Kurdish and Turkish-Cypriot community. Run by a

management committee made up of parents/carers only.

It has two main activities:

- Bilingual Nursery Education - For children who are below the age for compulsory education.
- Outreach Service - Provide support, guidance, information and advice to individuals and families.

Runs the 'Strengthening Families, Strengthening Communities' parenting programme in Turkish. Also organises workshops and seminars about domestic violence awareness, awareness on mental health issues, life skills, art therapy and information on available training and education.

Ring for further information.

## Turkish Education Group

2 Newington Green Road  
N1 4RX

Telephone: 7226 8647

Email: [turkisheducation@aol.com](mailto:turkisheducation@aol.com)

A registered charity established in 1981 to provide free help to disadvantaged Turkish and Kurdish speaking people living in London. Services include ESOL, numeracy, IT and family learning courses for adults and children; general support and information for health, education and training; interpreting, cultural and social activities.

# COMMUNITY TRANSPORT

## **812 Bus Service**

Hackney Community Transport  
Customer Services  
Ash Grove Bus Depot  
Mare Street  
E8 4RH

Telephone: 7275 2400

Email: [customerservices@hackneyct.org](mailto:customerservices@hackneyct.org)

- The service runs between Hoxton and Old Street via Southgate Road, Elizabeth Avenue, Sainsburys (Angel) and Ironmonger Row Baths.
- Runs every 30 minutes on weekdays between 9.30am and 4.30pm.
- Single fare for adults £1.00 (oyster cards, travel cards and saver tickets not accepted).
- Free for Freedom Pass holders and children under 16.

Further information available from Hackney Community Transport.

# HEALTH SERVICES

## The Local Patient Advice and Liaison Service

### Patient Advice and Liaison Service (PALS)

*Post:*

PALS Team, Freepost RLSL-UGEZ-KKAY

NHS Islington

338-346 Goswell Road

EC1V 7LQ

Telephone: 7527 1086/7

Email: pals@islingtonpct.nhs.uk

Offers to:

- Give information/advice about local National Health Services e.g. doctors, dentists, chiropody, child health services
- Put you in touch with services you might need e.g. support groups, interpreters, link workers
- Listen to your concerns, suggestions and queries about local health services
- Help sort out problems quickly on your behalf by talking to health workers
- Explain how you can make a formal complaint if you are not happy with any health service.

PALS's statement on confidentiality:

'The PALS service is strictly confidential, so we will not talk about your case to health workers without your agreement and will not include your name in any of our reports.'

'We will only break confidentiality if there is danger to you or someone else, or where not doing so would be breaking the law.'

## Services in case of accident or emergency

The nearest services are at:

### The Whittington Hospital

Highgate Hill

N19 5NF

Telephone: 7272 3070

### University College Hospital

250 Euston Road

NW1 2PG

Telephone: 0845 155000

## Local general practitioners (National Health Service doctors)

### Elizabeth Avenue Group Practice

2 Elizabeth Avenue

N1 3BS

Telephone: 7226 6363

### Mitchison Road Surgery

2 Mitchison Road

N1 3NG

Telephone: 7226 6016

### Prebend Street Surgery

15 Prebend Street

N1 8PG

Telephone: 7226 9090

### River Place Health Centre

River Place

N1 2DE

Telephone: 7530 2100

### **St. Paul's Road Medical Centre**

248 St. Paul's Road  
N1 2LJ  
Telephone: 0844 477 8649

### **St. Peter's Street Surgery**

16 1/2 St. Peter's Street  
N1 8JG  
Telephone: 0844 477 8717

### **Southgate Road Medical Centre**

101-103 Southgate Road  
N1 3JS  
Telephone: 7704 2233

## **Local dentists**

### **Angel Dental and Cosmetic Centre**

(NHS/Private)  
19/21 Islington High Street  
N1 9LQ  
Telephone: 7837 2300

### **Kinandental (NHS/Private)**

99 Newington Green Road  
N1 4QY  
Telephone: 7226 3897

### **Charles Landau Limited (NHS/Private)**

1 The Precinct  
Packington Square  
N1 7UP  
Telephone: 7226 3424

### **NI Dental Surgery (NHS/Private)**

372 Essex Road  
N1 3PF  
Telephone: 7226 9797

### **Ruparelia Dental Surgery**

(NHS/Private)  
93 Mildmay Park  
N1 4NB  
Telephone: 7226 6215

## **Local health centre**

### **River Place Health Centre**

River Place  
Essex Road  
N1 2DE  
Telephone: 7530 2900

Offers:

- Speech therapy, dental services and psychiatry for children
- Contraception services
- Podiatry (foot-care) for adults

A group of GPs is also based there – see above.

## **Interpreting and advocacy for users of the National Health Service**

### **NHS service**

(for Islington and Camden residents)

### **Advocacy and Interpreting Service**

St. Pancras Hospital  
4 St. Pancras Way  
NW1 0PE  
Telephone: 7530 3110/3105/3113  
Email:  
[interpreting.service@camdenpct.nhs.uk](mailto:interpreting.service@camdenpct.nhs.uk)

### **Independent project**

#### **Manor Gardens Advocacy Project**

Manor Gardens Centre  
6-9 Manor Gardens  
N7 6LA  
Telephone: 7281 9478  
Email: [advocacy@manorgardenscentre.org](mailto:advocacy@manorgardenscentre.org)

Offers trained interpreters and bilingual advocates free of charge in the following languages: Somali, Tigrinya, Kurdish, Sorani,

Arabic, Farsi, French, Albanian, Polish, Amharic, Russian, Lingala.

## **Mental health services, counselling and psychotherapy**

### **Health and social services**

The following teams provide services for people with mental health problems in the borough. If you are concerned about your own or someone else's health, you are asked to contact the GP. In some cases it is possible to contact the team direct (see below).

**In an emergency go to the A&E department at Whittington Hospital** (see the section on 'Health Services').

*For children and young people aged up to 18*

### **Children and Family Consultation Service**

The Northern Health Centre  
580 Holloway Road  
N7 6LB

Telephone: 7445 8150

*GP referral only.*

*For young people aged 11-18*

### **Community Adolescent Service**

The Northern Health Centre  
580 Holloway Road  
N7 6LB

Telephone: 7445 8154

*Accepts referrals from young people themselves and their families as well as health professionals.*

*For adults aged 18-65*

### **Canonbury Community Mental Health Team**

68 Halliford Street  
N1 3RH

Telephone: 7527 8200

*GP-referral preferred, but it is possible to self-refer.*

*For adults aged 65 and over*

### **Mental Health Care of Older People**

Highgate Mental Health Centre  
Block K

Dartmouth Park Hill

N19 5NX

Telephone: 7561 4197

*Also for adults aged under 65 with a diagnosis of dementia. Referral via GP or social worker. No self-referral.*

## **Independent projects**

*Within the Essex Road area*

### **Claremont Project**

24-27 White Lion Street

N1 9PD

Telephone: 7837 3402

Email: [info@claremont-project.org](mailto:info@claremont-project.org)

Website: [www.claremont-project.org/psychotherapy.com](http://www.claremont-project.org/psychotherapy.com)

Provides low-cost psychotherapy and low-cost art psychotherapy (one to one).

### **The Stuart Low Trust**

Suite 7

The Claremont Project

24-27 White Lion Street

N1 9PD

Telephone: 7713 9304

Email: [info@slt.org.uk](mailto:info@slt.org.uk)

Website: [www.slt.org.uk](http://www.slt.org.uk)

For local residents experiencing social isolation or mental distress.

Activities include:

- Weekly events at St. Mary's Neighbourhood Centre, including a presentation or workshop
- Dance, photography and garden projects
- Life skills training

- Low-cost breaks and holidays

**Upper Street Multi-Cultural Counselling Centre**

Claremont Centre  
24-27 White Lion Street  
N1 9PD  
Telephone: 7837 3303  
Email: [multicult@hotmail.com](mailto:multicult@hotmail.com)

Provides counselling and psychotherapy. Cost varies according to the user's income. Open to everyone, including black and minority ethnic communities. Spanish speaking therapist available.

*Outside the Essex Road area*

**The Drum Counselling Service**

The Drum  
167 Whitecross Street  
EC1Y 8JT  
Telephone: 7336 0022  
Email: [counselling167@yahoo.co.uk](mailto:counselling167@yahoo.co.uk)

Provides counselling and psychotherapy for young people aged 12-21.

**Immigrant Counselling and Psychotherapy**

96 Moray Road  
N4 3LA  
Telephone: 7272 7906  
Email: [info@icap.org.uk](mailto:info@icap.org.uk)  
Website: [www.icpa.org.uk](http://www.icpa.org.uk)

Provides low-cost counselling for minority ethnic groups, particularly those of Irish origin.

Languages covered: English only.

**Islington MIND**

8 Manor Gardens  
N7 6LA  
Telephone: 7561 5289  
Email: [admin@islingtonmind.org.uk](mailto:admin@islingtonmind.org.uk)  
Website: [www.islingtonmind.org.uk](http://www.islingtonmind.org.uk)

Provides counselling, advice and support service and a crisis support line. Also

provides employment advice and computer training. Open to all Islington residents.

**Maya Centre**

Unit 11  
City North Trading Estate  
Fonthill Road  
N4 3JH  
Telephone: 7281 2673  
Email: [info@mayacentre.org.uk](mailto:info@mayacentre.org.uk)  
Website: [www.mayacentre.org.uk](http://www.mayacentre.org.uk)

Offers counselling to women only for up to one year.

Foreign languages covered: Arabic, Turkish, Somali, Farsi, Portuguese, Spanish.

Crèche available.

**Refugee Therapy Centre**

Della Clyne House  
40 St. Johns Way  
N19 3RR  
Telephone: 7272 2565  
Email: [info@refugeetherapy.org.uk](mailto:info@refugeetherapy.org.uk)  
Website: [www.refugeetherapy.org.uk](http://www.refugeetherapy.org.uk)

Provides counselling, Psychotherapy, support and mentoring to asylum seekers and refugees. Offers a course on counselling refugees. Tries to offer services in people's own languages or in English if they prefer.

Languages covered: Amharic, Albanian, Amharic, Arabic, Dutch, Deri, English, Farsi, French, German, Italian, Kinyirunda, Lingala, Luganda, Serbo-Croat, Somali, Spanish, Swahili, Swedish, Tigre, Tigrinya and Turkish.

**Stress Project**

2 Shelbourne Road  
N7 6DL  
Telephone: 7700 3938  
Email: [info@stressproject.org.uk](mailto:info@stressproject.org.uk)  
Website: [www.nhg.org.uk](http://www.nhg.org.uk)

Provides counselling and complementary therapies for people on low incomes.

Offers both a daytime and evening service.

**Women's Therapy Centre**

10 Manor Gardens

N7 6JS

Telephone: 7263 6200

Email:

appointments@womenstherapycentre.co.uk

Website:

[www.womenstherapycentre.co.uk](http://www.womenstherapycentre.co.uk)

Provides psychotherapy to women. Charges on a sliding scale, depending on the user's financial situation.

Languages covered: Turkish, French, German, Hebrew.

Wheelchair accessible.

# HOUSING (including homelessness)

## Council housing

### To apply for council housing

Ask for a 'Waiting List Application Form' at the Area Housing Office or the Housing Aid Centre.

#### *The Housing Aid Centre*

38 Devonian Road  
N1 8UY  
Telephone: 7527 2000  
Email: [advice.housing@islington.gov.uk](mailto:advice.housing@islington.gov.uk)

#### *Upper Street Area Housing Office*

Northway House  
257 Upper Street  
N1 1RU  
Telephone: 7527 5300  
Email:  
[upperstreet.AHO@homesforislington.org.uk](mailto:upperstreet.AHO@homesforislington.org.uk)

### For repairs, transfers and other enquiries

Contact the Area Housing Office (see above).

*Islington's council housing is managed by the organisation 'Homes for Islington'. Its website is [www.homesforislington.org.uk](http://www.homesforislington.org.uk).*

## Other registered social landlords that have properties locally

### Circle Anglia

Circle Anglia House  
1-3 Highbury Station Road  
N1 1SE  
Telephone: 0845 7697 695 (Customer Services)

7288 4000 (Main switchboard)

Email: [info@circleanglia.org](mailto:info@circleanglia.org)

Website: [www.circleanglia.org](http://www.circleanglia.org)

### Family Mosaic

Globe House  
8 Curtain Road  
EC2A 3ND  
Telephone: 7877 6000  
Email: [enquiries@familymosaic.co.uk](mailto:enquiries@familymosaic.co.uk)  
Website: [www.familymosaic.co.uk](http://www.familymosaic.co.uk)

### Southern Housing Group

59-61 Clerkenwell Road  
EC1M 5LA  
Telephone: 7553 6420  
Email: [info@shgroup.org.uk](mailto:info@shgroup.org.uk)  
Website: [www.shgroup.org.uk](http://www.shgroup.org.uk)

## Housing benefits

If you wish to apply for or have a query about housing benefit you are receiving, contact:

### Islington Benefits Service

PO Box 34750  
N7 9WF  
Telephone: 7527 4990  
(or use the courtesy phone in the Area Housing Office)

## Homelessness

If you are homeless or threatened with homelessness, contact the Housing Aid Centre (see above).

The telephone service – 7527 2000 – is available 24 hours, seven days a week.

For independent advice on problems with housing or housing benefit, see the section on 'Advice Services'.

**Be careful! Do not get overcharged for gas or electricity when you move into new accommodation!**

Before you move into new accommodation, it is important to find out which companies are supplying the gas and electricity. Then make sure they read the meters on the day you move in (or get their agreement that you will supply them with the readings). Otherwise you are in danger of being wrongly charged for gas or electricity used by the previous occupant, and you will have no way of proving this has happened.

# LEISURE FACILITIES

## Free football pitches

### Basire Street Playground

Basire Street N1  
Kickabout area – tarmac surface

### Graham Street N1

Kickabout area – tarmac surface

### Milner Square N1

Five-a-side pitch – tarmac surface

### Mitchison Baxter Open Space

Baxter Road N1  
Five-a-side pitch – floodlit – rubberised surface

### Morton Road Playground

Queensbury Street N1  
Kickabout area – tarmac surface

### Rosemary Gardens

Southgate Road N1  
Eight-a-side pitch, also marked out for five-a-side. Floodlit – ‘new generation’ artificial surface.

## Other leisure facilities

### Britannia Leisure Centre

40 Hyde Road  
N1 5JU  
Telephone: 7729 4485  
Leisure pool (suitable for babies and young children), squash court, badminton court, gym.

### Exercise on Referral

Special programmes for people referred to Aquaterra with various medical conditions.

Charges made.

## Swimming baths and pools

### Cally Pool

Caledonian Road  
N1 0NH  
Telephone: 7278 1890  
Toys and float sessions, lessons, children’s parties.

### Highbury Pool

Highbury Crescent  
N15 1RR  
Telephone: 7704 2312  
Children’s pool and full size pool, float sessions, swimming lessons.

### Ironmonger Row Baths

Ironmonger Row  
EC1V 3QF  
Telephone: 7253 4011  
Large pool, warm teaching pool, children’s parties.

*For more information see the Aquaterra website: [www.aquaterra.org](http://www.aquaterra.org)*

## Health projects run by Aquaterra Leisure

### Projects for Older People

More than 160 classes are offered. These are publicised in the magazine, ‘Ever Active’ (available from the address given below or see <http://www.aquaterra.org/islington/everactive/everactive.pdf>)

These include cardiac rehabilitation, a falls exercise service, and MEND a healthy lifestyle programme for children aged 7-11 who are overweight.

For more information contact:

**Aquaterra Leisure**

Health Projects Manager

Health Projects

Ironmonger Row Baths

1-11 Ironmonger Row

EC1V 3QF

Telephone: 7689 9846/7

Email: [healthprojects@aquaterra.org](mailto:healthprojects@aquaterra.org)

# LIBRARY SERVICES

## Within or very near the Essex Road area

### Mildmay Library

21-23 Mildmay Park  
N1 4NA  
Telephone: 7527 7880  
Email: mildmay.library@islington.gov.uk

#### Opening hours

Monday 9.30am to 5pm  
Tuesday 9.30am to 8pm  
Wednesday CLOSED  
Thursday 9.30am to 8pm  
Friday CLOSED  
Saturday 9.30am to 5pm

Offers a range of services including:

- Books for all ages including a big selection in large print
- DVDs
- Material in Turkish, Kurdish, Gujarati and Bengali
- Reference and information section
- Free internet access and resources
- Toy library sessions for toddlers and baby bounce (term time)
- Study support club with tutor
- Activities for children during the school holidays
- Services for blind and visually impaired people, including large print books, spoken word cassettes and CDs
- Meeting hall available for hire (capacity of approx. 50 people seated)

Wheelchair accessible.

### South Library

115-117 Essex Road  
N1 2SL  
Telephone: 7527 7860  
Email: south.library@islington.gov.uk

#### Opening hours

Monday 9.30am to 8pm  
Tuesday 9.30am to 5pm  
Wednesday CLOSED  
Thursday 9.30am to 8pm  
Friday 9.30am to 1pm  
Saturday 9.30am to 5pm

Offers a range of services including:

- Books for all ages for leisure and education
- Books for adults available in Bengali, Chinese, French, Polish, Spanish
- Books for children available in Bengali, Chinese, French, Somali, Spanish, Turkish
- Videos and DVDs, newspapers and magazines
- Free internet access and online database
- Lifelong learning – free self-help, computer-based training
- Children’s services – books, music, games and toys; under fives and baby and toddler sessions; computer clubs, homework clubs
- Services for blind and visually impaired people, including large-print books, spoken word cassettes and CDs

Not wheelchair accessible.

## Outside the Essex Road area

### Central Library

2 Fieldway Crescent  
N5 1PF  
Telephone: 7527 6900  
Email:  
library.informationunit@islington.gov.uk

### *Opening hours*

Monday 9.30am to 8pm

Tuesday 9.30am to 5pm

Wednesday 9.30am to 8pm

Thursday 9.30am to 8pm

Friday 9.30am to 5pm

Saturday 9.30am to 5pm

Sunday 1pm to 5pm

Offers the following services in addition to those provided at the local libraries:

- A reference library with a wider range of material (it is the central reference library for the borough)
- The First Step Learning Centre – provides computer training at different levels, including tutorial classes
- A newly refurbished meeting hall available for hire (capacity of approx. 130 people seated)

Wheelchair accessible.

# LOCAL COMMUNITY ORGANISATIONS

## **The Claremont Project**

24-27 White Lion Street  
N1 2PD  
Telephone: 7837 3402  
Email: [info@claremont-project.org](mailto:info@claremont-project.org)  
Website: [www.claremont-project.org](http://www.claremont-project.org)

## **Services for older people**

Offers a wide range of low-cost activities and classes (for people aged 55+) focused on creativity and well-being, including dance, singing, art, keep fit and regular cultural events and concerts.

## **Psychotherapy and art psychotherapy**

Provides low-cost psychotherapy and art psychotherapy sessions (one to one).

## **Space to rent for offices and meetings**

## **St. Mary's Neighbourhood Centre**

Upper Street  
N1 2TX  
(next to St. Mary's Church)  
Telephone: 7704 1895  
Email: [bookings@stmaryislington.org](mailto:bookings@stmaryislington.org)  
Website: [www.stmaryislington.org](http://www.stmaryislington.org)

The site of St. Mary's Pre-school (see Under Fives) and St. Mary's Youth Club (see Children and Young People). Also a venue for health and fitness, children's, senior citizen's and musical activities.

Rooms available for regular rental.

## **St. Paul's Steiner Project**

1 St. Paul's Road  
N1 2QH  
Telephone: 7359 3322  
Email: [office@stpaulssteinerschool.org](mailto:office@stpaulssteinerschool.org)  
[Jane.gerhard@btinternet.com](mailto:Jane.gerhard@btinternet.com)  
Website: [www.stpaulssteinerschool.org](http://www.stpaulssteinerschool.org)

Provides parents and toddlers' drop-in, kindergarten, school, classes for adults, e.g. life drawing, ballet and counselling. Also organises community activities such as festivals and concerts. Space is available to rent for community and educational activities.

A charge is made for the parents and toddlers' drop-in according to users' income. The festivals are free. For other activities a charge is made.

## **Community centres**

Community centres provide venues for groups such as under fives, youth clubs and older people's groups and act as a social centre for the local community.

## **Almorah Community Centre**

58 Almorah Road  
N1 3EU  
Telephone: Ben Bell (chair) 07739 487721  
Josie Miller (bookings secretary) 7226 6796

## **Bentham Court Community Centre**

133 Bentham Court  
Ecclesbourne Road  
N1 3DE  
*The Community Centre is the red brick building in the middle of Bentham Court Estate.*

## **Popham and Cumming Estates Community Centre**

Popham Street  
N1 8QW

## **Sebbon Street Community Centre**

Sebbon Street  
N1 2DZ  
Telephone: 7354 2015

**Walter Sickert Community Centre**

Canonbury Crescent  
N1 2FB  
Telephone: 7226 1700

**Contact:** Lee McDermott  
Telephone: 7527 6818  
Email:  
[lee.mcdermott@homesforislington.org.uk](mailto:lee.mcdermott@homesforislington.org.uk)

# LOCAL COUNCILLORS AND COUNCILLORS' SURGERIES

## Canonbury Ward

### Paula Belford

Telephone: 07843 438295  
Email: paula.belford@islington.gov.uk

### Barbara Smith

Telephone: 7226 7919  
Email: barbara.smith@islington.gov.uk

### Lucy Watt

Telephone: 7527 3043  
07751 695487 (for Canonbury Ward residents only)  
Email: lucy.watt@islington.gov.uk

#### *Postal address*

Members' Room  
Islington Town Hall  
Upper Street  
N1 2UD

### Advice surgeries

#### *All councillors*

**7pm, 2<sup>nd</sup> Wednesday of the month, at:**  
Almorah Community Centre  
58 Almorah Road  
N1 3EU

**10.30am, every 4<sup>th</sup> Saturday of the month at:**

St. Jude and St. Paul's Church Hall  
St. Paul's Road  
N1  
(near the junction with Essex Road)

## St. Mary's Ward

### Joan Coupland

Telephone: 7527 3114  
Email: joan.coupland@islington.gov.uk

### Emily Fieran-Reed

Telephone: 07740 102 215  
Email: emily.fieran-reed@islington.gov.uk

### James Kempton

Telephone: 7359 0398; 7527 3090 (PA)  
Email: james.kempton@islington.gov.uk

#### *Postal address*

As for Canonbury Ward

### Advice surgeries

#### *Joan Coupland*

**6pm to 7pm, 1<sup>st</sup> Wednesday of the month, at:**

Islington Town Hall  
Upper Street  
N1 2UD

#### *Emily Fieran-Reed and James Kempton*

**6pm to 7pm, 2<sup>nd</sup> and 4<sup>th</sup> Wednesday of the month, at:**

Islington Town Hall  
Upper Street  
N1 2UD

## St. Peter's Ward

### Shelley Coupland

Telephone: 07908 448815  
Email: shelley.coupland@islington.gov.uk

### Gary Doolan

Telephone: 7527 3114  
Email: gary.doolan@islington.gov.uk

**Martin Klute**

Telephone: 7527 3114  
martin.klute@islington.gov.uk

*Postal address*

As for Canonbury Ward

**Advice surgeries**

*Shelley Coupland*

**6.30pm to 7.30pm, 2<sup>nd</sup> Wednesday of the month, at:**

Islington Green School  
Prebend Street

N1 8PQ

*Gary Doolan*

**6.30pm-7.30pm, 1<sup>st</sup> Wednesday of the month, at:**

Islington Green School  
Prebend Street  
N1 8PQ

*Martin Klute*

**10.30am to 11.30am. last Saturday of the month, at:**

Housing Aid Centre  
38 Devonian Road  
N1 8UY

# MEMBER OF PARLIAMENT (MP) AND MP'S ADVICE SURGERIES

## **Emily Thornberry MP**

House of Commons

SW1A 0AA

Email: [emilythornberrymp@parliament.uk](mailto:emilythornberrymp@parliament.uk)

### *Advice surgeries*

#### **Appointments surgery (by appointment only)**

9.30am to 11.30am, 1<sup>st</sup> Friday of the month at:

St. Luke's Centre

90 Central Street

EC1 8AQ

Telephone for appointments on 7697 9307

(2pm to 5pm Mondays, Tuesdays and Thursdays).

#### **Drop-in surgery (no appointments needed)**

10am to 12noon, 2<sup>nd</sup> Saturday of the month at:

Islington Town Hall

Upper Street

N1 1XR

# OLDER PEOPLE'S SERVICES

## **Age Concern Islington**

6-9 Manor Gardens  
(off Holloway Road)  
N7 6LA  
Telephone: 020 7281 6018  
Email: admin@ACIslington.org.uk

Offers a wide range of services which include:

### *Provision of information and advice (for over 55s)*

Topics include welfare benefits, health and disability, housing, community care, family and personal concerns. For people aged over 55, their carers, relatives and friends.

### *Voice and Choice (for over 55s)*

Organises friendly get-togethers where people can find out more about rights and local services, address problems and get support with making complaints.

### *Over-55 Volunteering Project*

Offers a range of opportunities for volunteering in the local community. Support and training provided. Expenses paid.

### *Home from Hospital (for over 60s)*

Helps people settle back into their home after leaving hospital, e.g. by helping with shopping, collecting prescriptions and keeping people company. Contact the Ward Sister or Age Concern directly.

### *Black and Minority Ethnic Elders Project*

Provides support to Asian older people and their carers e.g. through advice and information, provision of health, recreational and social activities.

## **Almorah Over 50s Club**

Almorah Community Centre  
Almorah Road  
N1 3EU  
Telephone: 7226 6796

Offers companionship, tea, bingo and social activities.

## **Canonbury Recreation Centre for the 60+**

The Bridge  
80 Arran Walk  
N1 2TL  
Telephone: 7226 1700

Provides a lunch service five days a week and activities including table games, bingo, art class and keep fit.

## **The Claremont Project**

24-27 White Lion Street  
N1 9PD  
Telephone: 7837 3402  
Email: info@claremont-project.org  
Website: www.claremont-project.org

Offers a wide range of low-cost activities and classes (for people aged 55+) focused on creativity and well-being including: dance, singing, art, keep fit and regular cultural events and concerts. Also provides low cost psychotherapy and art-psychotherapy (one-to-one).

## **Dorcas Project**

The Bridge  
80 Arran Walk  
N1 2TL  
Telephone: 7226 1700  
Email:  
dorcasbefriendingproject@yahoo.co.uk

A befriending scheme that provides volunteers for social contact and practical help.

**Islington Community Contact Club**

St. Mary's Neighbourhood Centre  
Upper Street  
N1 2TX  
(next to St. Mary's Church)

Provides social activities, cultural performances and light refreshments. Runs 2pm-4pm, Saturdays.

**Stroke Club**

(for people who have suffered a stroke and their carers)

St. Mary's Neighbourhood Centre  
Upper Street  
N1 2TX  
(next to St. Mary's Church)

Organiser: Kathleen Reid  
Telephone: 7607 0755

# ORGANISATIONS OF DISABLED PEOPLE

## **Disability Action in Islington**

90-92 Upper Street  
N1 0NP  
Telephone: 7354 8925  
Mobile: 07949 577347  
Fax: 7359 1855  
Minicom: 7359 1891  
Email: [info@daii.org](mailto:info@daii.org)  
Website: [www.daii.org](http://www.daii.org)

A user-led organisation run and managed by disabled people, committed to challenging the practices and structures that disadvantage or discriminate against disabled people. Also aims to provide a range of services that enable disabled people in Islington to have more choice and control over their lives. These services include a telephone information and advice service and a drop-in service.

To contact the information and advice service, please ring or text 020 7226 0137 between 10am and 1pm Mondays, Wednesdays and Thursdays, or leave a message outside these times. You can also

contact the main Minicom number above or email [infoline@daii.org](mailto:infoline@daii.org)

The drop-in service currently runs Tuesdays 10am – 12pm and Wednesdays 2pm-4pm.

## **London Dial-a-Ride**

Customer Liaison Unit  
Progress House  
5 Mandela Way  
SE1 5SS  
Telephone: 7027 5823/4  
Email: [enquire@tfl.gov.uk](mailto:enquire@tfl.gov.uk)  
Website: [www.tfl.gov.uk/dialaride](http://www.tfl.gov.uk/dialaride)

Dial-a-Ride offers a door-to-door service for people with disabilities who are unable to use other kinds of public transport. Fares start at 60p for a trip of less than a mile. Under 16s travel free of charge.

People are asked to apply for membership in order to use the scheme. To do this telephone 7222 1234 or visit the website given above.

# THE POLICE

## Emergencies

In case of an emergency ring 999 and ask for 'Police'.

## Metropolitan Police website

[www.met.police.uk](http://www.met.police.uk)

## The local police station

Islington Police Station  
2 Tolpuddle Street  
N1 0YY  
Telephone: 7704 1212

## Safer Neighbourhood Teams

The Police's statement about the teams is:

'Safer Neighbourhoods is about local policing; police and partners working with you, to identify and tackle issues of concern in your neighbourhood.

'Their aim is to find out what most affects your daily life and feelings of security. These might include anti-social behaviour, graffiti, noise or vandalism. They work in

partnership with you and other agencies to find a lasting solution.

'Safer Neighbourhoods teams are dedicated to your community and are additional to other policing resources in London'.

## Contact details

### Canonbury Ward

Sgt. Mark Rutherford  
Telephone: 7161 9383 or 07920 233796  
Email: [Canonbury.snt@met.police.uk](mailto:Canonbury.snt@met.police.uk)

### St. Mary's Ward

Sgt. Mark Thompson  
Telephone: 7421 0259  
Email: [Stmarys.snt@met.police.uk](mailto:Stmarys.snt@met.police.uk)

### St. Peter's Ward

Sgt. Geoff Lamb  
Telephone: 7421 0181  
Email: [Stpeters.snt@met.police.uk](mailto:Stpeters.snt@met.police.uk)

## Postal Address

*(for all three wards)*  
Islington Police Station  
2 Tolpuddle Street  
N11 0YY

# SCHOOLS

**By law you must send any child to school who is aged between 5 and 16**

## **Exactly when should my child start school?**

Your child must be in full-time education from the start of the first school term after his or her fifth birthday.

## **How do I apply?**

### *For primary schools*

You are asked to contact the primary school of your choice to make an application. You can apply to up to three schools.

### *For secondary schools*

Contact the Education Authority's Admissions Section (see below). Your application must be submitted by the October of the year when your child is in Year 6. You can apply to up to six schools.

## **Schools Admissions Section**

Cambridge Education @Islington  
222 Upper Street  
N1 1XR  
Telephone: 7527 5515/5516/5517  
Email: admissions.camb-ed@islington.gov.uk

## **Local primary schools**

### **Canonbury Primary School**

Canonbury Road  
N1 2UT  
Telephone: 7226 5020  
Email: admin@canonbury.islington.sch.uk  
Website:  
www.canonburyprimaryschool.co.uk

### **Hanover**

Noel Road  
N1 8BD  
Telephone: 7689 8949  
Email: admin@hanover.islington.sch.uk  
Website: www.hanover.islington.sch.uk

### **Laycock School**

Laycock Street  
N1 1SW  
Telephone: 7226 2927  
Email: office@laycock.islington.sch.uk  
Website: www.laycock.islington.sch.uk

### **The New North Community School**

32 Popham Road  
N1 8SJ  
Telephone: 7704 3900  
Email:  
admin@newnorthcommunity.islington.sch.uk  
Website:  
www.newnorthcommunity.islington.sch.uk

### **Newington Green Primary School**

Matthias Road  
N16 8NP  
Telephone: 020 7254 3092  
Email:  
admin@newingtongreen.islington.sch.uk  
Website:  
www.newingtongreen.islington.sch.uk

### **Rotherfield Primary School**

Rotherfield Street  
N1 3EE  
Telephone: 020 7226 6620  
Email: admin@rotherfield.islington.sch.uk  
Website: www.rotherfield.islington.sch.uk

### **St. John Evangelist**

Duncan Street  
N1 8BL

Telephone: 7226 1314  
Email:  
office@stjohnevangelist.islington.sch.uk  
Website:  
www.stjohnevangelist.islington.sch.uk

### **St. Jude and St. Paul's**

10 Kingsbury Road  
N1 4AZ  
Telephone: 7254 5598  
Email: admin@st-jude-st-  
Pauls.islington.sch.uk  
Website: www.st-jude-st-  
Pauls.islington.sch.uk

### **St. Mary's School**

Fowler Road  
N1 2EP  
Telephone: 7359 1870  
Email: school@stmarys.islington.sch.uk

### **William Tyndale**

Upper Street  
N1 2GG  
Telephone: 7226 6803  
Email:  
admin@williamtyndale.islington.sch.uk  
Website:  
www.williamtyndale.islington.sch.uk

## **Secondary schools**

### **Central Foundation Boys' School**

(For young men)  
Cowper Street  
EC2A 4SH  
Telephone: 7253 3741  
Email: headteacher@cfbs.islington.sch.uk

### **City of London Academy Islington**

(Mixed school)  
Prebend Street  
N1 8PQ  
Telephone 7226 8611  
Email: info@cityacademyislington.org.uk  
Website: www.cityacademyislington.org.uk

### **Elizabeth Garrett Anderson Language College**

(For young women)  
Risinghill Street  
Off Penton Street  
N1 9QG  
Telephone: 7837 0739  
Email: admin@egas.org.uk

### **Highbury Fields School**

(For young women)  
Highbury Hill  
N5 1AR  
Telephone: 7288 1888  
Email: highbury.fields@virgin.net  
Website:  
www.highbury.fields.islington.sch.uk

### **Highbury Grove School**

(Mixed school)  
Highbury New Park  
N5 2EG  
Telephone: 7288 8900  
Email: info@staff.higrove.islington.sch.uk  
Website:  
www.highburygrove.islington.sch.uk

### **Holloway School**

(Mixed school)  
Hilldrop Road  
N7 0JG  
Telephone: 7607 5885  
Email: postbox@holloway.sch.uk  
Website: www.holloway.islington.sch.uk

### **Islington Arts and Media School**

(Mixed school)  
Turle Road  
N4 3LS  
Telephone: 7281 5511  
Website: www.iamschool.co.uk

## **Mount Carmel RC Technology College**

(For young women)  
Holland Walk  
Duncombe Road  
N19 3EU  
Telephone: 7281 3536  
Email:  
office@mountcarmel.islington.sch.uk  
Website:  
www.mountcarmel.islington.sch.uk

## **St. Aloysius RC College**

(For young men)  
30 Hornsey Lane  
N6 5LY  
Telephone: 7263 1391  
Email:  
enquiries@staloyisus.islington.sch.uk

## **St. Mary Magdalene Academy**

(Mixed school for ages 5 to 19)  
Liverpool Road  
N7 8PG  
Telephone: 7697 0123  
Email: firstcontact@smmacademy.org  
Website: www.smmacademy.org

## **Community activities at local schools**

Certain schools offer extra activities and services to the community in addition to the education of their pupils. Some provide services that are available to any children resident in the borough of Islington. Some provide services to adults. We list the schools below.

*Activities marked \* are open to all children resident in Islington.*

### **Canonbury School**

- Breakfast club\*
- After school childcare\* (offers play and fun activities)

- Coffee morning on Mondays for parents and toddlers

### **City of London Academy Islington**

Various activities planned. Please contact the school for up-to-date details.

### **Elizabeth Garrett Anderson Language College**

Various activities planned. Please contact the school for up-to-date details.

### **Hanover School**

- Breakfast club\*
- Please contact the school for up-to-date details.

### **Laycock School**

Runs various community activities. Please contact the school for up-to-date details.

### **New North Community School**

- Breakfast club\*
- After school childcare\* (offers play and fun activities)
- Toy library
- ESOL class
- Family learning project
- Dance activities (charge made)

### **Rotherfield School**

- Breakfast club\*
- After school childcare\* (offers play and fun activities)
- Science club for gifted and talented children\*
- Various courses on family learning. Contact the school for up-to-date details.
- Toy library

The school also provides other activities for the community, which change. Please contact the school for up-to-date details.

### **St. Mary's School**

Runs various courses for school pupils' parents/carers. Contact the school for details.

### **William Tyndale School**

- Breakfast club\*
- After school childcare\* (offers play and fun activities)

## **Other services relating to schools**

### **School and Governor Support**

#### **Cambridge Education @ Islington**

159 Upper Street

N1 1RE

Telephone: 7527 5572/5786

Provides information about how to become a parent governor of a school.

The following services are all based at:

Cambridge Education @Islington

222 Upper Street

N1 1XR

### **CEA@Islington, Finance Section**

Provides information about school meals and other benefits.

Telephone: 7527 5483

### **Education Welfare Service**

Telephone: 020 7527 5833

### **Education Psychology Service**

Telephone: 020 7527 5817

### **Special Education Section**

Provides information about services for children with special educational needs.

Telephone: 7527 5518

## **Islington schools' website**

[www.islingtonschools.net](http://www.islingtonschools.net)

# TENANTS' AND RESIDENTS' ASSOCIATIONS

**For details of Homes for Islington tenants'  
and residents' associations contact:**

Chris Donovan or Stephen White  
Community and Service Development Officer  
Upper Street Area Housing Office  
257 Upper Street  
N1 1RU

Telephone: 7527 5378/9  
Email: [christopher.donovan@homesforislington.org.uk](mailto:christopher.donovan@homesforislington.org.uk)  
or: [steve.white@homesforislington.org.uk](mailto:steve.white@homesforislington.org.uk)

# TRAINING AND HELP TO FIND EMPLOYMENT

## Where to find out about training courses

### Islington Council Adult and Community Learning Team

Laycock Building  
Room G12  
Laycock Street  
N1 1TH  
Telephone: 7527 5782  
Email: [ACL@islington.gov.uk](mailto:ACL@islington.gov.uk)

Contact for up-to-date details of training courses in areas such as ESOL, literacy, numeracy, computing, music technology, and preparing for recruitment and interview. Courses are at 20 learning centres throughout the borough.

### Islington Council Regeneration and Community Partnerships

Municipal Office  
222 Upper Street  
N1 1XR  
Telephone: 7527 3465  
Email: [regeneration@islington.gov.uk](mailto:regeneration@islington.gov.uk)

Contact for up-to-date details of vocational training courses in areas such as catering, leisure and tourism, childcare, finance, health and social care and creative industries. Courses are held at various locations throughout the borough. Childcare available.

## Job Centres

This is a service provided by the Government.

### Barnsbury Jobcentre Plus

1 Barnsbury Road  
N1 0EX  
Telephone: 7301 3800

This is the office where you 'sign on' in order to receive benefit if you become unemployed and are available for work. It also offers the following services:

- Details of job vacancies
- Job searches if you give them a curriculum vitae
- Specialist advice on training and entering work for single parents
- Specialist advice for people with disabilities and health problems

Wheelchair access.

### Islington Jobcentre Plus

4 Upper Street  
N1 0NW  
Telephone: 7301 8700

You cannot sign on here but otherwise it offers the same services as Barnsbury.

Wheelchair access.

### The Jobcentre Plus website

[www.jobcentreplus.gov.uk](http://www.jobcentreplus.gov.uk)

## Other agencies that provide training and help to find employment

### Canonbury Connect

Walter Sickert Community Centre  
Canonbury Crescent  
N1 2FB

Tel: 3227 0077  
Email: pakhtar@helponyourdoorstep.com  
Website: www.helponyourdoorstep.com

Free outreach project where workers knock on the doors of local people in the Canonbury area. Support is offered by linking residents to local services, organisations and community groups, and by offering advice on issues such as unemployment, debt and poor health.

Residents are welcome to visit the Connect office at the Walter Sickert Community Centre to receive referrals.

### **Construction Works**

Municipal Office  
Islington Council  
222 Upper Street  
N1 1XR  
Telephone: 7527 5891  
Email: constructionworks@islington.gov.uk

Construction Works is in touch with employers in construction industry trades (such as building, painting and decorating and carpentry) and helps people with suitable skills to find work with these employers. Apprenticeships are sometimes available. Also runs training workshops.

### **Education Action International Refugee Education & Training Advisory Service (RETAS)**

14 Dufferin Street  
EC1Y 8PD  
Telephone: 7426 5800  
Email: retas@education-action.org  
Website: www.education-action.org

#### **Offers:**

- Advice and guidance to refugees and asylum seekers on aspects of education and employment
- Job club
- Courses on job search skills and business start-up
- Volunteering opportunities

### **Manor Gardens Advocacy Project**

Manor Gardens Centre  
6-9 Manor Gardens  
N7 6LA  
Telephone: 7281 9478  
Email: advocacy@manorgardenscentre.org

Offers accredited training and voluntary work experience in interpreting and bilingual health advocacy for unemployed refugees who speak the following languages: Kurdish (Sorani), Albanian, Arabic, Farsi, Somali, Tigrinya, Amharic.

Priority given to unemployed refugee women.

# UNDER FIVES

## Children's centre

### **New River Green Children's Centre & Family Project**

23 Ramsay Walk  
N1 2SX

Telephone: 7226 7725

Email: [newrivergreen.ecyc@islington.gov.uk](mailto:newrivergreen.ecyc@islington.gov.uk)

Offers a wide range of services for children aged under five and their parents. These include a nursery class, parent and toddler drop-in, parents' support group, post natal support group, a toy library, ESOL classes and courses on parenting.

Crèche provided.

Charge made for the nursery class according to income.

## **Nurseries, playgroups and pre-schools**

We list these below. Most of the organisations have their own statement about what they are and what they offer. We reproduce these statements where they are available.

### **Bentham Under Fives Centre**

Community Centre  
135 Bentham Court  
Ecclesbourne Road  
N1 3AA

Telephone: 7354 3589

Community nursery. Charge made. For ages 2 to 5 years. Open Monday to Friday 49 weeks a year.

*'Very friendly atmosphere, learning environment for children, multi-cultural community nursery.'*

### **Canonbury Primary School Nursery**

Canonbury Road  
N1 2UT  
Telephone: 7226 5020

Combined nursery and reception. For ages 36 months to 5 years. Open Monday to Friday, term-time, 39 weeks a year.

Free.

### **The Children's House Nursery School**

77 Elmore Street  
N1 3AQ  
Telephone: 7354 2113

For ages 2 1/2 to 7. Open Monday to Friday 34 weeks a year.

Charge made.

*'Broad and challenging curriculum, nurturing environment, learning through practical activities, play, art, dance, music, yoga, French, ICT, outings, highly qualified staff. Has pre-prep school for 4-7s on King Henry's Walk, N1.'*

### **Essex Road Pre-School**

Walter Sickert Community Centre  
Canonbury Crescent  
N1 2FB  
Telephone: 7354 3944

For ages 24 months to 5 years. Open Monday to Friday, 38 weeks a year.

Charge made.

*'Have outdoor space, fully safety-surfaced.'*

### **Floral Place Nursery**

2 Floral Place

Northampton Grove  
N1 2PL  
Telephone: 7354 9945

Private nursery. For ages 3 months to 5 years. Open Monday to Friday, 50 weeks a year.

Charge made.  
*'Full day care in an open plan environment with play on a free flow basis. Computer and French lessons + sports teacher once a week.'*

### **The Grove Nursery**

3 and 4 Shepperton House  
91 Shepperton Road  
N1 3DF  
Telephone: 7226 4037

Private nursery. For ages 3 months to 5 years. Open Monday to Friday, 51 weeks a year.

Charge made.

*'Private nursery offering individual care and teaching in a friendly, caring environment.'*

### **Hanover Primary School Nursery**

Noel Road  
N1 8BD  
Telephone: 7689 8949

For ages 3 to 4 years. Open Monday to Friday, term-time, 39 weeks a year.

Free.

*'A fun vibrant nursery class where children learn in a nurturing and supportive environment. Full time and part time places provided.'*

### **Laycock Primary School Nursery**

Laycock Street  
N1 1SW  
Telephone: 7226 2927

For ages 3 1/2 to 4 years. Open Monday to Friday term-time 39 weeks a year.

Free.

*'Well-resourced nursery with a committed quality staff. Lots of real life experiences! Good play area. There is also a nursery unit for hearing impaired children.'*

### **Mars Montessori Islington Green Nursery**

4 Collins Yard  
Islington Green  
N1 2XU  
Telephone: 7704 2805

Private nursery. For ages 2 to 5 years. Open Monday to Friday, 48 weeks a year.

Charge made.

*'We offer a wonderful learning experience at a very reasonable cost, in a beautiful Montessori environment.'*

### **Mildmay Community Nursery**

19-23 Mildmay Park  
N1 4NA  
Telephone: 7354 5205

For ages 6 months to 5 years. Open Monday to Friday. 48 weeks a year.

Charge made.

*'Community nursery with 'Community Spirit'. Large outdoor area, most staff NNEB trained, story sessions. Food reflects diverse local community.'*

### **Minik Kardes Nursery**

53-55 Balls Pond Road  
N1 4BW  
Telephone: 7923 7226

Community nursery for the Turkish, Kurdish and Turkish-Cypriot community. For ages 6

months to 5 years. Open Monday to Friday, 50 weeks a year.

Charge made.

*'Full day care and education for Turkish, Kurdish and Turkish Cypriot children. Outreach service in and out of school for children and parents. Vacancies for children due to recent expansion.'*

### **New North Community School Nursery**

Popham Road  
N1 8RF  
Telephone: 7704 3900

For ages 3 to 4 years. Open Monday to Friday, term-time, 39 weeks a year.

Free.

*'Bright, well resourced, professionally-staffed nursery with designated play space and many learning opportunities. Committed to partnership working with parents, each child valued as an individual. Open days available.'*

### **Rosebush, Mulberrybush and Chestnut Tree Kindergarten**

St. Paul's Steiner Project  
1 St. Paul's Road  
N1 2QH  
Telephone: 7226 4454

For ages 3 1/2 to 7. Open Monday to Friday 36 weeks a year.

Charge made.

Their statement.

*'Outdoor play session every day whatever the weather. Eurythmy. Craft sessions, play and snack time. Staff speak English and Spanish. Enrol onto waiting list after a tour.'*

### **Rosemary Gardens Playgroup**

Rosemary Gardens  
Southgate Road  
N1 3EE  
Telephone: 7354 3587

Morning playgroup for ages 2 1/2 to 5. Open Monday to Friday, term-time, 38 weeks a year.

Charge made.

*'We are a morning playgroup open from 9.30-12 noon.'*

### **Rotherfield Primary School Nursery**

Rotherfield Street  
N1 3EE  
Telephone: 7226 6620  
Email: admin@rotherfield.islington.sch.uk

For ages 3 1/2 to 4 years. Open Monday to Friday, term-time, 38 weeks a year.

Free.

*'Bright friendly nursery with full-time places. We offer a high quality learning environment and a team of well qualified professional staff. Access to a full programme of friendly events, workshops and free advice on a range of issues is also available. We welcome visits and enquiries.'*

### **St. John Evangelist Primary School Nursery**

Duncan Street  
N1 8BL  
Telephone: 7226 1314

For ages 3 to 4 years. Open Monday to Friday, term-time, 39 weeks a year.

Free.

### **St. Mary's Pre-School**

St. Mary's Neighbourhood Centre

St. Mary's Church  
Upper Street  
N1 2TX  
Telephone: 07792 724570  
Email: stmarypre-school.org.uk

For ages 2 to 5 years. Open Monday to Friday, term-time, 38 weeks a year.

Charge made.

*'We provide a friendly, welcoming environment for children and families. Pre-school is part of St. Mary's Church Centre which offers parent support, parent and toddler group, music and creative activities and more.'*

### **St. Paul's Steiner Project Adult and Child Group**

St. Paul's Road  
N1 2QH  
Telephone: 7226 4454

For ages birth to 3 years. Three sessions a week, term-time, 36 weeks a year.

Charges made.

### **St. Paul's Steiner Project Playgroup**

Contact details as above.

For ages 2 1/2 to 3 1/2. Three mornings a week, term-time, 36 weeks a year.

Charges as above.

### **William Tyndale Primary School Nursery**

Upper Street  
N1 2GG  
Telephone: 7226 6803

For ages 3 to 4 years. Open Monday to Friday, term-time, 39 weeks a year.

Free.

*'Single unit nursery, feeds into 2 form entry reception classes.'*

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